

ALTERNATIVES AVAILABLE FOR SPECIAL DIETS, VEGETARIAN, VEGAN, GF ETC

MENU week 2 WEEK -	lunch LUNCH	tea
<p><u>MONDAY</u> Breakfast: Fresh fruit, Prunes, Cereals, Porridge, Toast with Jam, Marmalade, marmite, honey, peanut butters Tea, Coffee, Hot chocolate, fruit juice</p>	<p>Corned beef hash, baked beans, peas Semolina with honey</p>	<p>Vegetable quiche Salad bowl Choice of soup in a cup</p>
<p><u>TUESDAY</u> Breakfast: Fresh fruit, Prunes, Cereals, Porridge, Toast with Jam, Marmalade, marmite, honey, peanut butters Tea, Coffee, Hot chocolate, fruit juice</p>	<p>Roast chicken with stuffing, creamed swede & carrots, broccoli, and roast potatoes Fruit cocktail and cream</p>	<p>Sardines on toast Salad bowl Choice of soup in a cup</p>
<p><u>WEDNESDAY</u> Breakfast: Fresh fruit, Prunes, Cereals, Porridge, Toast with Jam, Marmalade, marmite, honey, peanut butters Tea, Coffee, Hot chocolate, fruit juice</p>	<p>Poached salmon, cauliflower, peas, and Brussel sprouts, and new potatoes Apple sponge and ice cream</p>	<p>Bacon sandwich salad bowl choice of soup in a cup</p>
<p><u>THURSDAY</u> Breakfast: Fresh fruit, Prunes, Cereals, Porridge, Toast with Jam, Marmalade, marmite, honey, peanut butters Tea, Coffee, Hot chocolate, fruit juice</p>	<p>Steak & kidney pie, savoy cabbage, carrots, runner beans, and mini roast potatoes Tiramisu and cream</p>	<p>Chicken nuggets Salad bowl Choice of soup in a cup</p>
<p><u>FRIDAY</u> Breakfast: Fresh fruit, Prunes, Cereals, Porridge, Toast with Jam, Marmalade, marmite, honey, peanut butters Tea, Coffee, Hot chocolate, fruit juice</p>	<p>Fish pie with cod and prawns in a cream sauce, mixed root vegetables, and spinach Bananas and custard</p>	<p>Pizza Salad bowl Choice of soup in a cup</p>
<p><u>SATURDAY</u> Breakfast: Fresh fruit, Prunes, Cereals, Porridge, Toast with Jam, Marmalade, marmite, honey, peanut butters Tea, Coffee, Hot chocolate, fruit juice</p>	<p>Poached chicken legs in mushroom gravy, large mixed vegetables, and boiled potatoes Peach crumble and custard</p>	<p>Beans on toast Salad bowl Choice of soup in a cup</p>

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<u>SUNDAY</u> Breakfast: Fresh fruit, Prunes, Cereals, Porridge, Toast with Jam, Marmalade, marmite, honey, peanut butters Tea, Coffee, Hot chocolate, fruit juice	roast pork with apple sauce, Brussel sprouts, roast parsnips, diced swede, and roast potatoes jelly and ice cream or cream	Buffet tea, including a selection of sandwiches and savoury bites salad bowl choice of soup in a cup
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